

# DIANE GANSAUER

## SPEAKER, AUTHOR, LIFE-CYCLE CELEBRANT



### ABOUT DIANE

#### **A Physical Journey, A Spiritual Adventure**

At the age of sixty-one, Diane Gansauer committed to something great: hiking the entire length of the Continental Divide Trail, from Mexico to Canada.

Over a seven-year journey through mountains, rivers, and forests, Diane continued her work officiating celebrations of life. By the time she completed all thirty-one hundred miles of the trail, Diane had honored more than four hundred life stories through memorial services and gatherings. **The Waypoints: From 400 Farewells and 3,000 Miles** chronicles the wisdom that overlapped her experience of these lives and the trail, like stacked stones on the path, guiding the way.

### TOPICS

- Why I decided to hike the entire Continental Divide Trail.
- An empty nest or retirement doesn't mean you should fade away. What's holding you back from what you've always wanted to do?
- What have you carried for too long and too far? Are you ready to put that down?
- What does nature teach us about what matters?

### CONTACT

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